# **Home Care**



#### **PERSONAL CARE AT HOME**

Kin On Home Care provides assistance with personal hygiene, daily-living tasks, and household chores for physically challenged and chronically ill clients. It's a wonderful service for family members who might have to leave for the day to work outside the home or for elderly clients who live alone and just need a little extra help. We will work with you to customize the suitable care plan for you.

Our personal care assistants speak Cantonese, Mandarin, Toishanese, Vietnamese, and Tagalog, and are screened with rigorous background checks and completed with state required licensing training and continuing education.

#### SUPPORT WITH NON-MEDICAL SERVICES INCLUDES:

- Companionship
- Transferring and positioning
- Personal hygiene such as bathing, dressing and toileting
- Meal preparation
- Light housecleaning
- Grocery shopping
- · Providing transportation to medical appointments

The key to aging in place successfully is ensuring daily physical and social needs are met. Kin On Home Care is licensed by the Washington Department of Health to do exactly that — help people age successfully at home.

#### **PAYMENT OPTIONS**

- **<u>Private Pay:</u>** You can pay for Home Care services directly on a monthly basis.
- **State Funded:** If you are qualified for statefunded programs such as Community Options Program Entry System (COPES), Medicaid Personal Care (MPC), In-Home Respite programs, and Tailored Supports for Older Adults (TSOA), the service will be paid by the state.

We will work with you to determine the most suitable payment plan.

**Kin On** is a 501c3 not-for-profit organization that provides vital services to the Asian community in the Puget Sound region.

We take a whole team approach to helping our Asian community age well — at home or in our care. We do this by offering a wide variety of support and services that range from health and wellness classes, home care, to short-term medical rehab and skilled nursing.

### Call 206.652.2330 or visit KinOn.org



# 家居照顧服務



KinOn.org

# 家居照顧服務



### 為委託人定制個人護理計劃

健安家居照顧專為有體能障礙和患有慢性疾病的委 託人提供個人衛生和日常生活協助。對於需要外出 工作的家屬或需要一些額外幫助的獨居長者而言, 這是一項非常周到的服務。我們會與你一起定制一 個最適合的護理計劃。

我們的家居護理員會說廣東話、普通話、台山話、 越南語和菲律賓語,通過州政府及聯邦政府嚴格背 景調查,並通過州政府的執照訓練及持續進修。

### 支持的非醫療服務包括:

- ・陪伴
- ·協助步行和床上移動
- ·個人衛生,如洗澡、更衣、如廁
- ・膳食協助
- ·簡易家居清潔
- ・購物
- ·接載看診

居家安老的關鍵在於確保長者 每天的體能和社交需求得到滿 足。健安家居照顧是經華盛頓 州衛生局執照認可,旨在協助 長者安樂地在家中生活。

### 付費方式

- · <u>私人付費</u>:您可以每月直接支付健安的家居照 顧服務。
- · <u>州政府資助</u>:如您符合州政府資助計劃如:
  COPES個人護理計劃、醫療補助個人護理 (MPC)、在家暫替護理服務和度身定制長者支援服務(TSOA),批准後該服務可由州政府資助。

我們會協助您決定最適合您的付費方式。

**健安**是一所非牟利護理機構,肩負為大西 雅圖地區亞裔服務的使命。

無論閣下在家中生活或使用健安的護理服務,我們都會以團隊協調的模式為您們提供全面性的安老照顧。我們多元化的支援和服務包括康健樂頤計劃的課程和活動、家居照顧、親屬照顧者支援服務,以至短期復康及長期專業護理服務。

就在今天,致電206.652.2330或瀏覽 KinOn.org獲取更多資訊。



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206.652.2330 KinOn.org