

Family Caregiver Support



Kin On's Family Caregiver Support Program provides **FREE** services that help you reduce your caregiving stress and enable you to become more effective caregivers.

Services include:

NEEDS ASSESSMENT

- Receive a comprehensive screening and needs assessment for you and your loved one

CARE PLANNING AND CONSULTATION

- Customize a care plan that fits your whole family

CAREGIVER EDUCATION AND TRAINING

- Workshops and support to help you reduce stress, prevent burnout, and ultimately become a more effective caregiver

ASSISTANCE AND SERVICE REFERRALS

- Applying for Medicare/Medicaid benefits
- Translation and understanding documents and correspondences
- Obtaining medical goods and equipment
- Referral to Home Care services to help with housekeeping and errands
- Home safety inspection
- Alzheimer's and dementia support

YOU ARE ELIGIBLE TO RECEIVE THIS FREE SERVICE IF:

- You reside in King County
- You are caring for a loved one (age 18+) with health concerns, who's currently NOT residing at a nursing facility or adult family home
- You are currently NOT receiving payment for providing care to your loved one

Kin On is a 501c3 not-for-profit organization that provides vital services to the Asian community in the Puget Sound region.

We take a whole team approach to helping our Asian community age well — at home or in our care. We do this by offering a wide variety of support and services that range from health and wellness classes, home care, to short-term medical rehab and skilled nursing.

Call **206.652.2330** or visit **KinOn.org**



親屬照顧者支援服務



健安 206.652.2330
KinOn.org

親屬照顧者支援服務



健安的親屬照顧者支援服務是一項**免費**的服務，目的是幫助減輕親屬照顧者的壓力並提供所需的支持，令他們成為一名更有效的照顧者。

服務內容

服務需要評估

- 全面評估您及您的患病親人的服務需要

釐訂護理計劃

- 為您及家人設計出切合您們需要的護理計劃

親屬照顧者教育

- 獲得免費的照護訓練及支援，以減輕壓力和預防過累，成為有效的照顧者

資訊和轉介

- 協助申請聯邦醫療保健及州醫藥補助福利
- 協助翻譯及了解文件及其它書信
- 協助申請醫療用品或設備
- 轉介家居照顧服務，讓患病親人獲得家務協助
- 家居安全檢查
- 阿滋海默症及失智症支援

您有資格接受這些免費服務，若您：

- 是住在金縣(King County)內的居民
- 正在照顧一位18歲以上的患病親人，但該親人目前沒有入住療養院或成人護理中心
- 並沒有因為照顧該親人而獲得金錢補償

健安是一所非牟利護理機構，肩負為大西雅圖地區亞裔服務的使命。

無論閣下在家中生活或使用健安的護理服務，我們都會以團隊協調的模式為您提供全面性的安老照顧。我們多元化的支援和服務包括康健樂頤計劃的課程和活動、家居照顧、親屬照顧者支援服務，以至短期復康及長期專業護理服務。

就在今天，致電206.652.2330或瀏覽KinOn.org獲取更多資訊。



Family Caregiver Support



206.652.2330
KinOn.org